

It's all about people and relationships

Person-Centred Health and Care Collaborative



"It's all about
people and
relationships"



www.qihub.scot.nhs.uk
 [@personcntrdsco](https://twitter.com/personcntrdsco)

“““

It's all about
people and
relationships

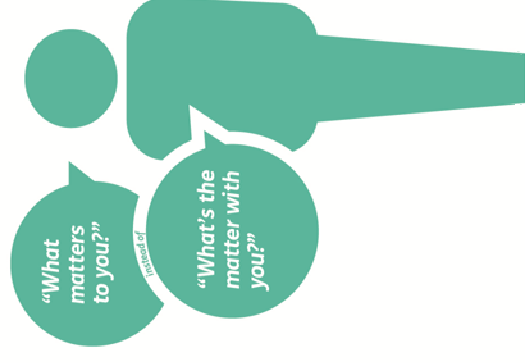
“What
matters
to you?”

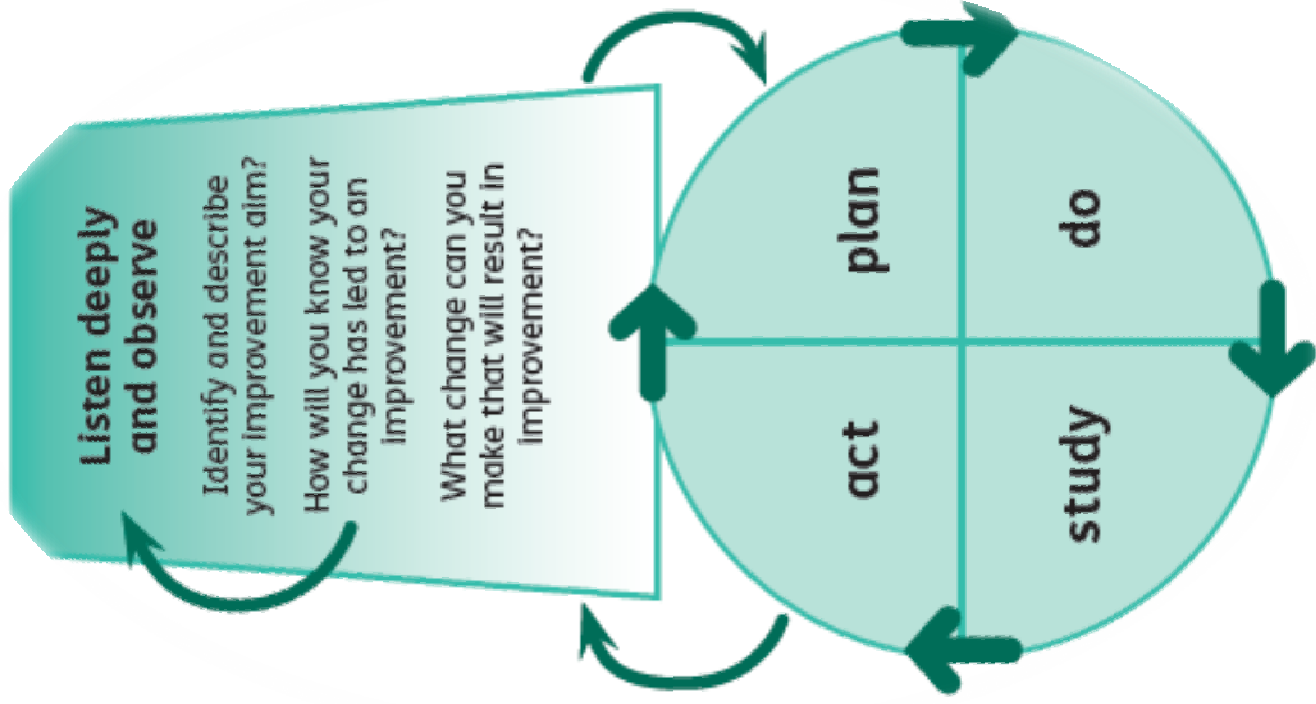
instead of

“What's the
matter with
you?”

Must do with me!

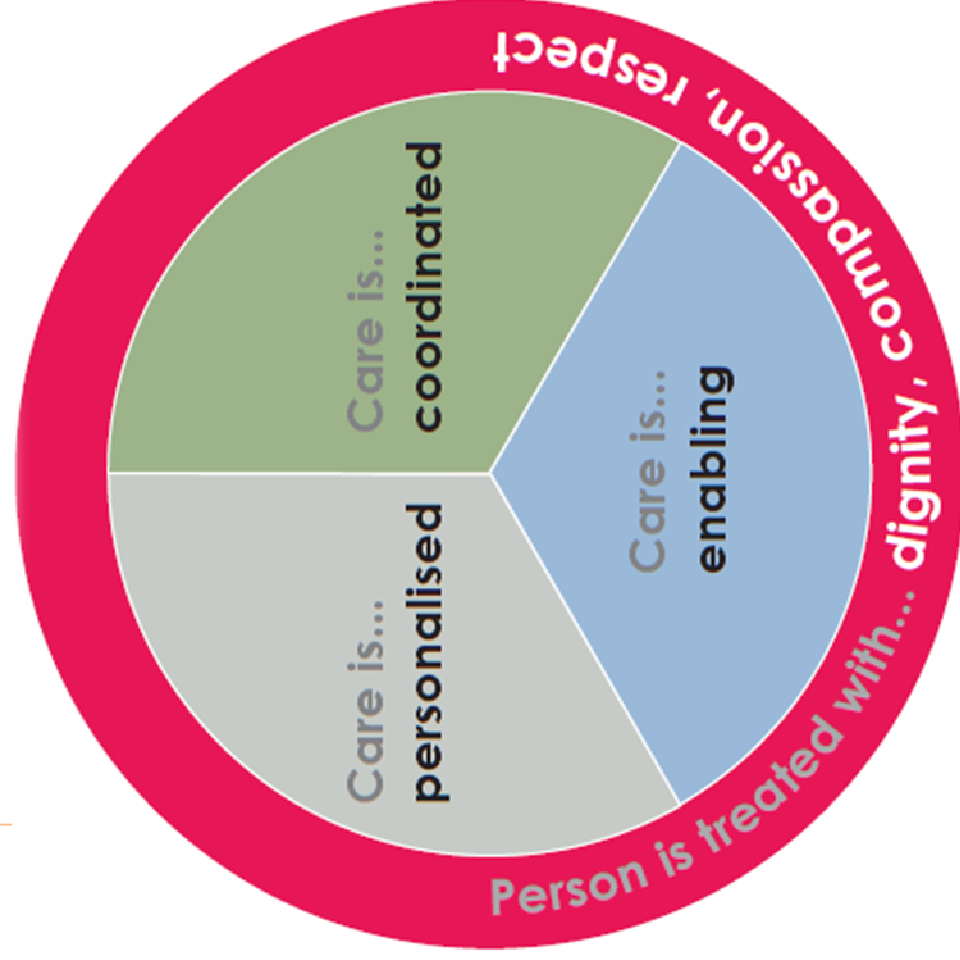
1. What matters to you?
2. Who matters to you?
3. What information do you need?
4. Nothing about me without me!
5. Service flexibility





Person-centred care made simple

What everyone should know about person-centred care



Quick guide

Person-centred care: from ideas to action

Bringing together the evidence on shared decision making and self-management support

Dr Nadeed Ahmed, Dr P. Ellis, Ebby Arole and Richard Lawrie

