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- Better integration between services is seen as crucial in management of long term conditions
- The main goal was that outcomes would be improved for people with heart disease

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- The pilot sites addressed local needs and priorities

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...the day...

- NHS Lanarkshire
- Fife pilot that will be discussed today

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# Heart Failure Management in Primary Care

**NHS Fife' innovative approach**

# Background

- National data
  - prevalence of heart failure lower than expected
- Earlier audit in 2 GP surgeries
  - Coding often inaccurate
- Secondary care HF bundle
- HD MCN bid to BHF for integrated care award





# Aims

- Improve the management of heart failure throughout the patient journey
  - Particular focus on primary care
- Integration of care between primary & secondary care
- Refinement of HF registers
- Development of Fife wide HF register
- HF champion within every practice
- Bundle to assist with 6 monthly/annual HF reviews within primary care
- Reduction in HF admissions



# Approach & implementation

- All practices were informed of project and invited to participate
- Interested practices were visited by BHF HCP
  - Raising awareness/education
  - Registers refined
- Training needs analysis
- Recommendations for register provided along with appropriate readcode
- Further education to support implementation of the bundle
- Ongoing promotion/education at local events
- Patient focus groups/other evaluation



# Barriers & challenges

- Resource/time
  - Refinement of register very time consuming
- No additional funding to support practices in carrying out HF reviews
  - Prevented many practices from implementing reviews
- Training
- Historical diagnosis
- QOF

# Results & successes

- Registers refined in 35 practices
- 464 removed from HF registers
- 913 added to HF registers
- 18 practices agreed to implement the bundle
  - 12 have implemented
- Numerous education sessions
- Standardised read codes- HFREF –G581 HEFPEF-G583
- Shared care – between primary & secondary care
- Development of Fife wide HF register
  - Alert system when patient with HF admitted to local hospital



# Top tips

- Additional funding to support primary care review ie. LES/DES/QOF
- Buy in from all key stakeholders vital
- Ongoing education/support
  - E learning popular
  - Access to accredited training
- Regular updates from cardiologist with special interest in heart failure
  - Well attended by GPs
- Establish links with staff who have a particular interest